

Are our consulting services a good match for your needs?

Expectations that are compatible with the services we offer will make for the best working relationship. Please take a moment to evaluate if we are a good match for you.

If your needs are expressed in this column, you may be better served by a holistic medical practitioner.	If your needs are expressed in this column, we expect to be able to serve you well with our consulting services.
I expect you to give me a diet to follow.	I expect you to teach me how to develop the healthiest possible dietary practices for myself.
I expect you to tell me what supplements to take.	I expect you to present me with evidence-based information about nutritional options that are appropriate to my situation. I welcome your guidance in selecting high quality supplements. I will decide for myself which of these options to apply to my life.
I expect you to prescribe nutritional supplements for me.	I expect to be educated about the rationale and level of research support behind each supplement so that I can make an informed decision about which supplements to use. I will share this information with my oncologist, so that she/he can become more informed about evidence-based nutritional support for people with cancer.
I expect you to provide me with an alternative treatment to “kill” my cancer.	I believe that nutrition can be used to support my body’s innate healing capacity. I wish to learn about the supplements and diet changes that research suggests may help “control” cancer and complement my medical treatments.
I am placing my life in your hands.	I accept responsibility for deciding what foods and supplements I put in my body.